

# Seeking Siblings of Persons with Developmental Disabilities

This research is about how typical children coped well\*, with taking care of a sibling with a developmental disability\*. This study asks typical siblings to look back on childhood and share what was helpful, unhelpful, and what would have been helpful. The aim is to ask about siblings' experiences to inform professionals on how to help.

To be eligible to participate:

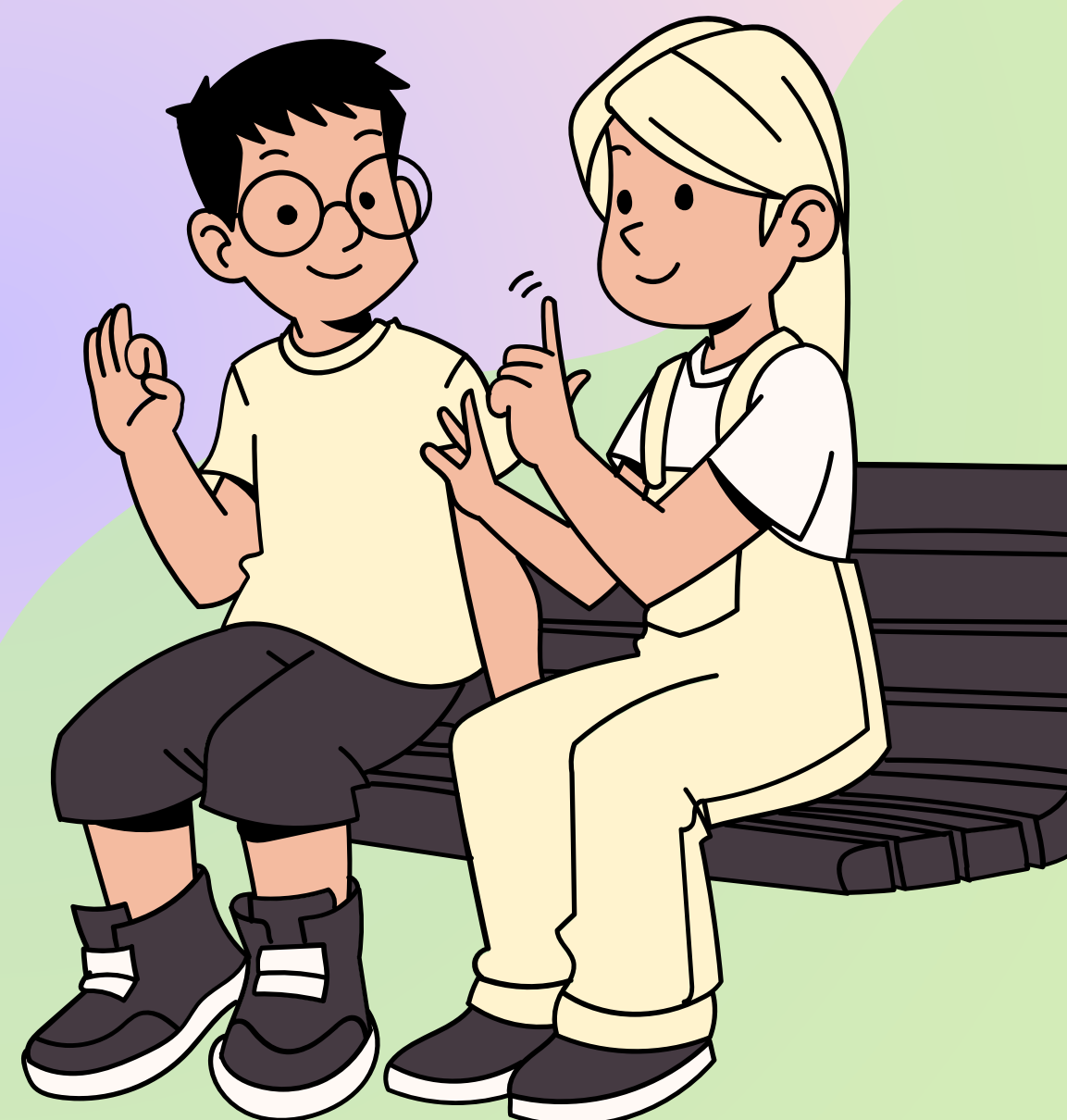
- You live in Canada
- You are between 18-24 years old
- You are comfortable speaking and reading about this topic
- You are a typically developing sibling (ie. You don't have a developmental disability\*)
- You have a sibling with a developmental disability\*
  - AND you lived with that sibling at least 50% of the time from the age of 0-18
  - AND You coped well\* with at least 50% of the caregiving tasks you did for them while you were children or teenagers
- You are comfortable speaking about your childhood and teenage caregiving experiences
  - (This may include experiences that took place during the COVID-19 pandemic)
- You are willing to volunteer up to 3.5 hours of time over the course of 1-7 months. This includes screening, interview, and follow-up

Eligible participants can enter a draw to win one of four \$25 Amazon or Indigo gift cards!

\*Developmental Disability in this study means your sibling:  
1. Has cognitive impairment  
2. Struggles with daily living tasks  
3. Had these challenges before turning 18

This also includes diagnoses like Autism, Fetal Alcohol Spectrum Disorder, and Down Syndrome.

\*Coping well means that something challenging happened (in this case, taking care of your sibling), and you either took action or changed your thinking to tackle it. The outcome was that the you and maybe the people around you were better off.



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