



About Us

Touchstone is a non-profit community-based social service agency. We have been providing services to Richmond and nearby areas since 1983. Our services have primarily focused on preserving and enhancing family relationships. Through qualified staff, we offer a wide variety of professional services to the community.

Contact Information

For inquiries or registration,
Please contact
Amy Chan or Joey Tam

Amy Chan

Registered Clinical Counsellor
Direct: 604.207.5034
Email: achan@touchfam.ca
Work Days: Monday to Thursday

Joey Tam

Registered Clinical Counsellor
Direct: 604.207.5050
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Work Days: Tuesday to Friday

CONTACT
US!



www.touchstonefamily.ca



Touchstone Family Association
Strengthening Family • Building Community

Circle of Harmony

CONNECTING HEARTS
CREATING PEACE

A Free 8-week Parenting Group
for Richmond Families

♥ Connect & Share ✨

🌱 Learn & Grow 🌱

✨ Recharge & Nurture ♥





Topics highlight

- Identify relationship cycles and dynamics
- Rebuild trust and emotional safety
- Explore identity, values, and self-worth
- Enhance emotional regulation and coping skills
- Promote healthy independence and autonomy
- Foster emotional wellness and resilience

Group Focus Areas

This group focuses on building safe, respectful, and non-violent family relationships. Parents and caregivers will learn practical tools for emotional regulation, communication, and conflict resolution that strengthen resilience, deepen connection, and promote long-term family wellness.

Group Details



10am to 12pm Thursdays



210 - 3031 Viking Way
Richmond, BC
V6V 1W1



Cantonese/Mandarin

Topics highlight

- Strengthen family communication and connection
- Support children's emotional development
- Establish routines and consistent boundaries
- Manage peer influence and screen time
- Encourage age-appropriate independence
- Create a foundation for overall family well-being

