

# HOW TO GET IN TOUCH



To Register, or for more information  
Please contact Fion Cheng

-  604-207-5047
-  210 - 3031 Viking Way  
Richmond BC V6V 1W1
-  [fcheng@touchfam.ca](mailto:fcheng@touchfam.ca)
-  [www.touchstonefamily.ca](http://www.touchstonefamily.ca)

Prior program registration  
is required

## WHAT IS NEEDED TO MAKE A DIFFERENCE?

Free 6-week parenting support program in Mandarin, with the focus on Parent-Child relationship and Couple relationship that provided to Richmond Families.



## Who we are

Touchstone Family Association is a non-profit community based social service agency. We have been providing services to Richmond since 1983





## Topics Covered

### Parent-Child Relationship Series (6-week-Program that run from Apr- Jun)

- Parenting Styles
- Parent-Child Communication
- Cultural Influences & Impacts
- Attachment & Connections
- Management of Emotions
- Health Family Relationships

## Program Goal

- This is a 6-week group designed to assist parents to explore, share, be aware of
  - personal issues,
  - family dynamics,
  - communication and difficulties in family relationships.

## Program Objective

- Through this interactive group experience, it is hoped to help parents build skills and strategies in promoting healthy family relationships.

## Language

- Mandarin

## Date and Time

- September and April

## Venue

- In person
- 210 - 3031 Viking Way  
Richmond BC V6V 1W1

## Topics Covered

### Couple Relationship Series (6-week-Program that run from Sept to Nov)

- About Marriage
- Differences between Men and Women
- Conflict Resolution
- Keys in Couple Relationship
- Barriers in Couple Relationship
- Changes in Expectation



我們是

Who we are

點石家庭協會是一家以社區為基礎的非營利性社會服務機構。自1983年以來，我們一直在為列治文及附近地區提供服務



## 如何 與我聯繫



想要報名，或了解更多信息

請聯繫 Fion Cheng

☎ 604-207-5047

📍 210 - 3031 Viking Way  
Richmond BC V6V 1W1

✉ fcheng@touchfam.ca

🌐 www.touchstonefamily.ca

免費講座須事先登記



## WHAT IS NEEDED TO MAKE A DIFFERENCE?

是時候作出調適嗎?

為列治文家庭提供為期 6 週的

免費國語育兒家長小組，

重點關注親子關係和夫妻關係。



## 主題內容包括

### 親子關係系列 - 管教篇

( 4月至6月 為期6週的課程 )

- 教養方式
- 親子溝通百寶袋
- 文化衝擊
- 聯繫與牽引
- 情緒管理
- 健康家庭關係

## 計劃目標

- 這是一個為期 6 週的小組，旨在幫助家長探索、分享、了解
  - 個人問題，
  - 家庭動態，
  - 家庭關係中的溝通和困難。

## 簡介

- 通過這種互動的小組體驗，希望幫助父母培養促進健康家庭關係的能力和策略。

## 語言

- 國語

## 日期/時間

- 九月和四月

## 地點

- 210 - 3031 Viking Way  
Richmond BC V6V 1W1

## 主題內容包括

### 夫婦關係系列

( 9月至11月 為期6週的課程 )

- 關於婚姻
- 男女大不同
- 衝突與共融
- 婚姻關係中的要訣
- 婚姻關係中的死穴
- 夫婦期望的落差

